

EPM COMPETITION **INFORMATION SHEET**

CYCLE TWO (2D Visual Arts) SUBMISSION GUIDELINES

Step 1. BECOME INSPIRED — Follow the link to my [Spotify](#), follow, and have a listen to the album, *Gentle Dragons: Transformative Piano* (if Spotify gives you trouble, try the [YouTube link](#)). Find your favorite of the 7 gentle dragons. Whichever song inspires your emotions deepest, or provides you with visuals as you meditate with it, I'd love you to work with for your 2D Visual Art piece. Pick one song, and go with your inspiration! The only parameters: each dragon has a different general color scheme, as labeled in color below.

DRAFENS, ICHTONYL, MELENTO, KYDONYX, AXIS, ARLENPOUR, ZYLON

Step 2. CREATE — Start your drawing, painting, or illustration inspired by your favorite *Gentle Dragon*! This contest does not discriminate against one medium versus another. Please, only one submitted piece per person. Just keep it clean and appropriate, please, as this competition is open to all ages! Please sign your artwork, and somehow work in the dragon's name into your piece.

Step 3. SIGN UP — Once you've found your favorite *Gentle Dragon*, and created your piece, be sure to officially sign up and send your submission. Pdf formats are accepted; take a good picture of your work, or scan it if it is not already digitized. All submissions are final once sent! Please follow the directions via the [contest entrance form](#) on my website for **CYCLE TWO (2D Visual Arts)** and pay the \$5 entrance fee. Please select the appropriate check boxes to 1) Give approval for a phone call over YouTube Live, should you win & 2) opt-in to reading your submission via YouTube Live. Both are completely optional! **ALL SUBMISSIONS MUST BE IN BY SUNDAY, FEBRUARY 21, 2021.**

Step 4. STAY CONNECTED — Now you're officially in! Be sure and like and follow to stay up to date with the competitions and releases by signing up to my email list via the submission form. **REMEMBER: Deadline, 02/21/21. Winners announced, 02/28/21.** Good luck, and have fun creating!



QUESTIONS? REACH OUT emmapaunilmusic@gmail.com